

Robin Newman, PsyD

Founder & Chief Operating Therapist



Robin Newman, PsyD, is owner and chief operating therapist at Healing Hearts Therapy Center in Colorado Springs, Colo. Located in the Rocky Mountains and minutes away from Garden of the Gods, HHTC's office rests in the natural beauty and serenity of Colorado. Dr. Newman is the chief operating therapist of HHTC, having received her doctorate in clinical psychology at the Colorado School of Professional Psychology, The University of the Rockies in Colorado Springs.

In her private practice, Dr. Newman sees a variety of patients of all ages. While she enjoys working with younger children, she also works regularly with adolescents, adults and seniors. Through family, couples, group, individual, and play therapy she is able to reach into the hearts of many and help effect change for all those who are willing to do the hard work of healing and self-exploration. Dr. Newman sees children with developmental delays such as autism, neurological disorders as found in Tourette's syndrome, and attention disorders as is commonly seen in children with ADHD. While she is equipped to offer evaluations, provide explanations and possible diagnoses of certain behaviors, she does not prescribe medications. However, Dr. Newman will make a referral to family practice doctors and psychiatrists, as needed.

In addition to working with children, Dr. Newman also works with men and women, including those with bipolar disorder, depression, anxiety, trauma and post-traumatic syndrome, marital conflicts, grief, parenting difficulties, sexual addiction, and issues related to families involved in Christian ministry. She's also counseled those suffering from substance abuse, and worked with prisoners and others facing federal criminal charges. Today, many of the women she counsels are referrals from Dr. Doug Weiss and his Heart to Heart Clinic, a nationally renowned center that counsels men and others with sexual addiction. Many of Weiss' clients face a compulsive sex addiction that involves affairs, pornography, prostitution and strip clubs, among other behaviors. Women married to sex addicts often suffer from low self-esteem, depression, anxiety, deep-seated anger, and confusion. Dr. Newman compassionately guides these woman through the healing process, offering them hope, increased self-awareness and self-esteem, and ways they can set healthy boundaries.

Dr. Newman also serves as a parental advocate, helping parents learn to set boundaries, appropriately discipline their children, and assist them in making decisions that are in the best interest of their child—all done with an understanding and concern for the child’s growth and success. Dr. Newman also offers psychological testing, IQ testing, and career development testing at her office in Colorado Springs.

Dr. Newman founded HHTC with this mission: To compassionately and effectively assist “children” of all ages--young and old alike--in their quest for understanding and healing of deep emotional wounds as they develop stronger, healthier, interpersonal skills on their journey to Live Again™.

In addition to receiving her doctorate in clinical psychology, Dr. Newman received her undergraduate degree in Elementary Education at Baylor University in Waco, Texas, and her masters in psychology at the Colorado School of Professional Psychology. She taught for 10 years before beginning graduate work in psychology, which was “a life-long dream,” says Newman. She has also written a published book, “That I Might Not Sin,” a Scripture-based book, equipping parents to spend quality time with their families as they help their children develop strong character and integrity through stories, activities, and scripture memorization. She has also written numerous articles on parenting through *Renewing the Heart*, and has authored many greeting cards with Dayspring Cards out of Siloam Springs, Ark.

Dr. Newman, a native Texan, now resides with her husband, three children and two cats in Colorado Springs, Colo. For more information, visit www.healingheartstherapy.net or contact Dr. Newman directly at drnewman@healingheartstherapy.net. You may also reach her office at 719-260-1221.

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